



Winter/Early Spring 2012

M	T	W	T	F	S	S
6 - 8 mysore* kimberly	630 - 10 mysore* sharon	6 - 8 mysore* kimberly	630 - 10 mysore* sharon	6 - 8 mysore* deana	8 - 930 all levels kimberly	830 - 9 meditation
915 - 1015 beginners kimberly		915 - 1015 all levels chip		915 - 1015 beginners chip	10 - 11 beginners kimberly	915 - 11 primary kimberly/deana intermediate kimberly 1/22, 2/26, 3/25
5 - 6 beginners deana	530 - 6 meditation kimberly	5 - 6 all levels tammy	5 - 6 pre/post natal valerie	5 - 6 all levels karen joy		
615 - 745 half/primary series karen joy	615 - 715 all levels kimberly	615 - 8 lifestyle intensives kimberly & teachers	615 - 715 all levels chip			
	730 - 830 beginner basics kimberly session I: 1/10-1/31 session II: 3/6-3/27					

***No mysore classes on full & new moons:
1/9, 1/23, 2/8, 2/22, 3/8, 3/22, 4/6, 4/21**

**Visit www.yogaeastyoga.com for class
descriptions, teacher bios and changes
or cancellations.**